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Summary of the first text:

The consumerism of alcohol among adults and youths is in a record, exceeding some famous periods as the pre-Civil War and the pre-Prohibition eras. Focusing on the youth, they are changing hard drugs for alcohol, but this is not as good as it seems, due to the fact that there are thousands of problem drinkers under the age of 21.

Summary of the second text:

There are different opinions about what means “owning a book”. For the author, there are three types of people. First, we have those people that have the common books (including best-sellers) intact and without reading them. The second type is the people that have a lot of books, some of them unread, but all in perfect physical condition. And, finally, the ones that the author think that really own books: the ones that, without taking into account how many books they have, all of them are written and worn-out.

Paraphrase of the first text:

In the US, the consumption of alcohol has increased by 26% from 2000 to 2010. This per cent is frightening as it is probably higher than the average of some famous alcohol consumerism periods like the pre-Civil War and pre-Prohibition eras. As stated by the NIAAA (National Institute on Alcohol Abuse and Alcoholism) a problem drinker is a person who causes problems to themselves or to society. And so, from the 145 million of Americans, one in ten are these problem drinkers or even a fully fledge alcoholic. From this quantity, thousands of people are younger than 21. This is also one alarming problem, as it means that the consumerism of alcohol among the youth is also increasing. According to Dr. Morris Chafetz, director of the Department of Health, Education and Welfare’s NIAAA: “Youths are moving from a wide range of other drugs to the most devastating drug – the one most widely misused of all – alcohol.”